

The Manifestor and the Manifestation & Prayers for 2016-2018

Shaykh Taner Ansari and Shaykha Muzeyyen Ansari

Bismillah Al Rahman Al Rahim [In the name of Allah, The One Who Acts with Mercy, The Source of Mercy]. All praise belongs to Allah. Allah owns everything. All power belongs to Allah and not to us. May Allah's peace and blessings be on Prophet Muhammad and his family and on all the other prophets and their families.

The Manifestor and the Manifestation

I take refuge from the temptations of Shaytan, who is stoned (and banished). In the name of Allah, the Source of Mercy and The One Who Acts with Mercy.

Shaykh began the sohbet by asking murids:

What do you think you need to know more about? What would you like the talk to be about? What do you need?

Murids responded:

Enjoying the present moment.

Consistency of connection.

Maintaining a strong connection under stress.

Learn Allah.

Stress and anxiety. How do we stay in the moment when under great stress and anxiety? More about Allah's names generally.

Okay. Very good. But this is what I need to do. Your education is our doing. To bring you to the places you are talking about, you need to know other things that we are gradually giving to you and which you are practicing in your life, as you are being tested and then retested. Then you advance to the next level. Alhamdulillah, you are all doing well. So, when you come to the position where you say, "I am ready to hear what Allah wants to say" – I'm sorry, this is a cheat for you, but I want to bring you to that level where you say, "I am ready to hear and accept smilingly what Allah wants to say."

What you are going to do every day is very simple. Do things in a way that Allah is pleased with. Allah is looking at your intention and the intensity of your effort. Are you able to see your incompleteness and do you want to do something about it? You have to keep striving for better behavior. It is your a*hlaq* [behavior] that is going to bring you closer to Allah. The whole thing is that you have to want to learn better *ahlaq*. And practice and be steady.

I told you what Allah is and how He is with you all the time. Every day you have to contemplate how this is so. It is very simple. It is like this: There is potential energy and it turns to kinetic energy, and then there is the manifestation. But what happens with the potential energy? It is still within the manifestation, so they are always together. And then it turns to kinetic again, and then it goes into two forms – either it goes back to potential energy or it goes back to re-manifestation, which is potential energy and is in the remanifestation. Do you understand that?

So, there is this potential energy that goes into kinetic manifestation, which is you. Where is the potential energy now? It is there, within you. Potential energy always is there — it continues. And then, re-kinetic and then re-manifestation, which is your son or your 878daughter, for example. But where is the potential energy, which is the essence of Allah? Where is it? It is in the manifestation, no matter what it is. In this case, it is you.

Why can't you accept this? Because you are with you all the time. You think: I am this, I am that. When you quit all that, everything is apparent. But that is not the case. That is to understand the Reality. That is *haqiqa*. But Allah is the Lord of the *deraja*, which means degrees, levels, levels of consciousness, among many other things. With this brain, which is a manifestation, there is a level and humans are the closest being to Allah. Allah says in Qur'an, That is why I gave them hearing and seeing and understanding. Getting close to Allah means increasing this level of understanding. That is Allah acting with you. Right now, Allah is acting as "you," but as you give yourself up (and you are going to say how do I do that? That is why you are in this *tariqa*. You do one thing. You agree to follow our teachings and do your assignment and this will happen automatically), your understanding of Allah is going to get bigger and bigger. That, in return, means you are getting closer and closer to Allah. As all this happens, then you will have the sense that you have to behave in such a way as to observe Allah's rights and wrongs.

The criterion is this: Are you after yourself, your *nafs*, or are you after Allah? Are you doing everything to please you or are you doing everything to please Allah and let Allah take care of you? The whole thing is behavior. And you cannot learn this in one day. Allah will put you on a journey. You are all on a journey. In your journey, which is called, *suluk*, Allah will "stage" you to practice what you lack. You will fail. I fail. Everybody fails. But this means that you saw what your incompleteness is and you intend and resolve to do better the next time. This is how you keep growing.

And good behavior is important. We tell you almost every week, don't look down on anybody. If you see something wrong, don't get angry, just pray. Intend to help people. Anything. Intend to respect everything, all manifestation.

Now, here is the key: Try to see the manifestation and Manifestor in the same place at the same time. Every manifestation is what we call creation. It is created in space/time. Manifestation has an end. But potential energy, The Manifestor, does not have any end.

I was watching the news about a boy, 10 years old. His father and mother died in a traffic accident. Instead of moping around, he asked his aunt to buy him a bag full of toys, and he went out to the street. This is in New York. He started giving these toys, worthless toys, to people he didn't know. And they said, what do you want. And he said, "Smile, Smile." People are smiling less. Smile. Why are we stressed? We are stressed because we are with us. We have things to lose because we don't have control over everything, because other people are doing things that we cannot do, and we are not in control.

You are forgetting that you are not alone. You are with Allah. Allah is with you. For some things you have to be patient. Some things Allah will do through you, and other people will have to be patient. So you have to be patient with others sometimes, and when you are the doer, when you have the *tasarruf*, which means the power of use, using or spending divine power, then others will have to be patient with you, or not, and that is their problem. This means Allah is with you, and Allah is doing something with you. When others are doing something to you that you don't like, why don't you ask this question: What am I supposed to learn now? Do you think this is paradise and everything will go your way? Then you would be in control and how would you learn anything? You have to learn how to be patient, how to accept levels of superiority – the pecking order, let's say – you have to learn how to deal with all these adversities, such as negative energy. We are trying to teach you all this. We are saying: Pray. So your job is very simple. When you see incompleteness in others, just pray, just intend.

That's all. Salaam Alaykum.

—Es-Seyyid Es-Shaykh Taner Ansari March 25, 2017

Prayers for 2016 - 2018

I would like to share a joke.

I asked for advice from an old man. "Tell me, sir, in which field can I make a great career?" He said with a smile, "Be a good human being. There is a huge opportunity in this area and very little competition."

We are praying for the fire in Durban and for people to be safe, and for all the other disasters around the world. The last thing I'm going to say is that in 2011, 2012, 2013 and even into 2014, we always talked about physical disasters, prayer, sustainable living, and so on because this was the message we received to give you. It was literally all disasters and fires. Huge amounts of disasters happened in these years. As you can remember, plants didn't grow. Farmers planted over and over again. But now we got the message that 2016, 2017, 2018 is a time for political unrest and regrouping, reforming. Political change. While this is happening, we are going through this time of mental and political change for people. We as Sufis, have to concentrate on praying for people's mentality, and staying positive, and to make right decisions. And most important, we pray for balance.

Shaykh said: Ya Adl, Ya Muqsit, Ya Haqq, Ya Rashid. Think of your government. Think of the world leaders, for example. What we need is maturity and balance. This balance, Ya Adl, Ya Muqsit, Ya Haqq, Ya Rashid, Ya Salaam. You can add Salaam at the end.

And then for these three years, I suggest saving as much money as you can. Everybody should have a savings account and everybody should have some life insurance. We said this a long time ago. You should have some life insurance and make this *Tariqa* also part of your beneficiary.

That's all. Salaam Alaykum.

—Es-Sharifa Es-Shaykha Muzeyyen Ansari March 25, 2017

Call of the Divine

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